

AA Western Divisional Schedule

RUNNING EVENTS - FRIDAY

3:00	400 M. Relay Final	Boys
	400 M. Relay Final	Girls
3:20	110 M. Hurdles Trials	Boys
	100 M. Hurdles Trials	Girls
4:00	800 M. Run Finals	Boys
	800 M. Run Finals	Girls
4:25	100 M. Dash Trials	Boys
	100 M. Dash Trials	Girls
5:10	300 M. Hurdles Final	Boys
	300 M. Hurdles Final	Girls
5:55	3200 M. Run Final	Boys
	3200 M. Run Final	Girls
6:30	200 M. Dash Trials	Boys
	200 M. Dah Trials	Girls

RUNNING EVENTS - SATURDAY

11:00	110 M. Hurdles Final	Boys
	100 M. Hurdles Final	Girls
11:30	100 M. Dash Final	Boys
	100 M. Dash Final	Girls
11:50	400 M. Dash Final	Boys
	400 M. Dash Final	Girls
12:35	1600 M. Run Final	Boys
	1600 M. Run Final	Girls
1:15	200 M. Dash Final	Boys
	200 M. Dash Final	Girls
2:00	1600 M. Relay Final	Boys
	1600 M. Relay Final	Girls

FIELD EVENTS - FRIDAY

2:00	Pole Vault Warm-up	Girls /Boys
2:30	Pole Vault	Girls /Boys
	High Jump	Boys
	Javelin	Boys
	Long Jump	Girls
	Shot Put	Girls
4:15	Shot Put	Boys
	Long Jump	Boys
	Javelin	Girls

FIELD EVENTS - SATURDAY

10:00	Alternative Pole Vault Warm-up	Boys\Girls
10:30	Alternative Pole Vault	Boys/Girls
	Triple Jump	Boys
	Discus	Girls
	High Jump	Girls
12:00	Triple Jump	Girls
	Discus	Boys